

## Jordan, Where Have You Been? Pt 2

### Description

So last week I wrote about acknowledging that I had been slack on my spiritual responsibilities since leaving the mountaintop, or more plainly; re-integrating into a world that is re-opening since COVID pressed pause on society as we know it. Last time I wrote about how the quarantine was beneficial for me (I acknowledge that alot of people lost loved ones due to COVID, lost their jobs/income, and suffered mentally, physically, and/or spiritually), but this time I want to write about my errors since the quarantine has eased.

1. Loss of focus: Focus is important in life, and I would almost say the single-most important quality to be successful. During quarantine, my focus was primarily on me, which sounds selfish, but given the amount of time I allow others to steal from me, it was important that I reclaim it. After developing a solid routine of reading, prayer, exercise, and healthy eating, I allowed myself to lose focus when other people started to reach out again, and I started to return to work regularly. Focus should be maintained regardless of circumstances and distractions. Focus is found and maintained within because most other people won't understand your vision, God's plan for you, and can't motivate you to do what's not already in you. I lost my grind, allowing others to make themselves apart of my journey.
2. Work: I think that most people have a love-hate relationship with work, and I'm included. We're cool with the check when it arrives, but the daily grind is the annoying part. I believe that allows me to take Christ into an office, and present a realistic version of him to some people that I would never encounter, or desire to fellowship with in my personal life. However, work is also a spiritual training ground where you must equip yourself spiritually to operate effectively among people who don't understand or value you. When I returned to work, it took my focus as a result of me desiring to be present AND successful in everything that I do. Work is a great time consumer, like school, which can make it a detrimental distraction from our spiritual duties and personal goals. I still haven't discovered a way to keep work nonsense and the negative spirit associated with it from affecting my success personally.

### Reflection Time

Where have you been? Can you identify the things along the way that caused you to fall off track, or not reach the goal? What can you do to correct the situation, and re-discover your focus?

### Category

1. Uncategorized

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